



# MYCOPHENOLATE MOFETIL Generic Name



Brand Names: CellCept, Myfortic (delayed-release)

## WHAT IS IT?

Mycophenolate Mofetil is used to treat certain autoimmune conditions (diseases where the body's natural defense system attacks itself), such as systemic lupus erythematosus, inflammatory bowel disease, vasculitis, rheumatoid arthritis, and other inflammatory conditions. Mycophenolate Mofetil suppresses the immune system by interfering with the creation of DNA molecules that cause inflammation.

## DO's

- Take this medication on an empty stomach (1 hour before eating, or 2 hours after eating or drinking)
- Take this medication at about the same time every day
- Drink plenty of fluids daily
- Minimize exposure to direct sunlight (wear sunscreen)
- Check your labs every 2-3 months
- Tell your doctor if you are taking any other medications (prescription and non-prescription) including: over-the-counter drugs and natural remedies.

## DON'Ts

- Do not use if you are pregnant, breastfeeding, or are trying to become pregnant
- Do not use if your body is fighting off an infection
- Do not use if you excessively drink alcohol
- Do not use if you are experiencing an allergic reaction to the drug

## POTENTIAL SIDE EFFECTS

Constipation; stomach pain or swelling; nausea; vomiting; difficulty falling asleep or staying asleep; pain, especially in the back, muscles or joints; uncontrollable shaking of a part of the body; headache; gas.

## DOSING

**500 mg taken 2-4 times daily** Mycophenolate Mofetil is taken orally **2-4 times** daily on an empty stomach.

## MY DOSE: \_\_\_\_\_ mg

I will take \_\_\_\_\_ pills orally, \_\_\_\_\_ a day.