



USTEKINUMAB Generic Name



Brand Names: Stelara Injection

WHAT IS IT?

Ustekinumab is a drug that can be administered subcutaneously to treat moderate to severe plaque psoriasis. Ustekinumab is often used when psoriasis is too severe to be treated by topical medications alone. It works by stopping the action of certain cells in the body that cause the symptoms of psoriasis and psoriatic arthritis.

Ustekinumab is a liquid drug that comes in prefilled syringes and dosing pens. Each syringe/pen will be used only once, injecting all the solution. Syringes/pens should be disposed in a puncture-resistant container.

DO's

- Store Ustekinumab injection in the refrigerator away from light; but do not freeze.
- Keep all appointments with your doctor and lab.
- Drink plenty of fluids daily
- Tell your doctor if you are taking any other medications (prescription and non-prescription) including: over-the-counter drugs and natural remedies.

DON'Ts

- Do not use if you are pregnant, breastfeeding, or are trying to become pregnant
- Do not use if your body is fighting off an infection
- Do not use if you are having surgery, including dental surgery
- Do not receive any vaccinations without talking to your doctor first.
- Do not use if you are experiencing an allergic reaction to the drug

POTENTIAL SIDE EFFECTS

Redness or irritation at the injection site; headache; runny, stuffed nose, or sneezing; tiredness; nausea; joint pain.

DOSING

45 mg or 90 mg injected subcutaneously once every 3 months. Ustekinumab can be administered subcutaneously (in the fatty tissue just under the skin) once every 3 months.

MY DOSE: _____ mg once every 3 months.

_____ will inject _____ mg subcutaneously _____ every 3 months, beginning on this date: _____.
My next injection will be on this date: _____